

Alstonefield Covid-19 Action & Support Group

Information Sheet - 28th March

The support group is up and running and we have a large group of volunteers. We are already supporting a number of residences with shopping and collecting prescriptions. If you are in the vulnerable category you can minimise your risk of contracting the virus by avoiding visiting shops, surgeries etc. So the message is simple - **please use us**. Together we can minimise the risk of the virus spreading and do our part in keeping citizens out of hospital. Additionally our volunteers have been briefed about patient confidentiality and will not divulge the reason they are supporting any household.

In addition to the volunteers running shopping trips etc, a number of local shops and food suppliers will deliver or alternatively will make up an order for collection by a volunteer.

Anyone needing assistance with shopping from a volunteer please call Charlie 01335 310293/mob 07930001374 or e-mail mcilroy1987@btopenworld.com and he will organise a volunteer to help. Please email or write out your shopping list for collection. For payment we recommend that the volunteer will purchase the goods and then a bank transfer or cheque payment can be made to reimburse the volunteer. Alternatively cash can be taken. Volunteers will not enter a property when delivering and we request that social distancing is observed.

Local Shopping & Deliveries

1. Hartington Village Stores – tel. 01298 84222 (Laura or Emma) – Deliveries to Alstonefield on Thursdays. Minimum order of around £10 requested. Invoice & payment by credit card. shop@thevillagestoreshartington.com
2. Hartington Corner Shop (newsagents) – tel. 01298 84291 (Sue Peach) – Orders can be delivered. Every day from 7 am-5.30pm, Sunday 8am-1pm. Payment to be organised on an individual basis.
3. Lower Hurst Farm – tel. 01298 84900 – www.lowerhurstorganic.co.uk – email info@lowerhurstorganic.co.uk Home deliveries of meat products for the freezer.
4. The George Alstonefield – tel. 01335 310205. The George have set up a service where customers can order a Fresh Fruit & Veg Box, or a box of essential Dry Goods for collection or delivery. <https://thegeorgeatalstonefield.com/the-george-veg-boxes/>
5. Christine Gibson – tel. 07966 725914 - Milk & egg deliveries to Alstonefield on Monday, Wednesday & Friday. Stanshope & Milldale Mondays & Fridays, weekly invoice.
6. G. Morris & Son Fish Van – tel. 01298 72458 – delivers on Monday lunchtimes to Alstonefield, also sells other products like game & poultry, bacon, potatoes.

7. Buxton Dairy – tel. 01298 23966. Dairy products delivered Monday to Saturday.
8. Fresh Choice Greengrocer Ashbourne (Bob Dayal) – tel. 01335 300850 or 07916 142050, e-mail bdayal@hotmail.co.uk. Deliveries to Alstonefield of fresh fruit & veg, milk, eggs, cream, bread from Jack Rabbits.
9. Peak District Deli - www.peakdistrictdeli.com or e-mail hello@peakdistrictdeli.com Tues- Sat deliveries. Ready-made meals, meat, vegetables, cheeses, breads, milk, yoghurts, jams. Order on website & pay electronically. £35 minimum + delivery.

Prescriptions & medical supplies

We have scheduled a weekly collection from three practices for those in self-isolation:-

Hartington Surgery	Wednesday mornings
Ashbourne Health Centre	Fridays
Ashbourne Medical Practice	Fridays

Prescription collection can also be organised on other days as well.

Please continue to order your medication in the normal way, or as advised by your practice. Then please call Charlie or Marie on 01335 310293 or 07930001374 and they will arrange for collection of your prescription. They will also need your full name, date of birth, the first line of your address and the latest date the medication is needed by.

Postal Services

1. Alstonefield Post Office in the Village Hall is open on Mondays only, 12.15 – 14.15.
2. Hartington Post Office is open on Monday, Tuesday, Thursday, Friday 9.00 – 13.00 and 14.00 - 16.30. Wednesday and Saturday 9.00 – 12.00 noon.

Staying in Touch via Internet Video

Along with mobile phone apps there are internet programmes and apps that allow a number of people to join a chat room. One of these is zoom.us. The basic system is free to use and download. Cathy Reavy 01335 310125 or cathyreavy@gmail.com and Martin Snodin 01335 310121 martinsnodin@googlemail.com can help anyone who needs help setting up video calling.

Children

1. Books and audio stories from Amazon uk will be free for children and students of all ages as long as schools are closed. stories.audible.com.
2. Reading to children Jo Griffin (tel. 01335 818082 or e-mail jl.griffin@hotmail.co.uk) is offering a library service - with drop off in the Parish - to anyone who can use them. Wide range of books available for up to 10 years of age.

For regular updates by e-mail, please send your e-mail address to mcilroy1987@btopenworld.com